

AVENTURA

LIVE TO EXPLORE

OVERNIGHT CAMPS AT AVENTURA PARKS



MERGE NURTURE WITH NATURE



OUR FACILITIES

AVENTURA
LIVE TO EXPLORE

35,000 SQM GHAF TREE FOREST

OVER 260 SQM CLIMATISED
MEETING SPACE

27,000 SQM ADVENTURE PARK

CHILL ZONE AND BACKYARD GAMES

8,000 SQM CORPORATE PARK

THE GHAFÉ RESTAURANT



INTRODUCTION TO OVERNIGHT CAMPS



Aventura's Overnight Camps Programs are set in a beautiful Ghaf tree forest, where students of all ages explore and connect.

Years of research reveal that exposure to the natural environment improves children's cognitive development by improving their awareness, reasoning, and observation skills.

Aventura facilitators are equipped with strong outdoor education backgrounds and are certified in a number of tools that are used to help students understand themselves and their classmates. Aventura maintains a 1:10 ratio (+/-2) of facilitators to participants during activities to ensure 100% participation and engagement.

Program themes include:

Survival; Sustainability; Leadership; and Wellbeing.

Students learn how to set up camp, adhering to environmental and sustainability rules of the park. They will work together and build meaningful connections, while having fun. The activities are designed with predictable learning outcomes related to each theme to help students learn more about themselves and each other.

They will also have time to reflect and journal. Students will enjoy the autonomy of navigating the obstacles on the largest Adventure Park ropes course in the region, where they can improve their agility, learn how to use the equipment, and build their self-confidence.

OVERNIGHT CAMPS AT AVENTURA

MODULES, ACTIVITIES, BENEFITS & MORE

BENEFITS OF AVENTURA OVERNIGHT CAMPS

Natural Space: Serves up to 200 Campers

Aventura Instructors: expertise in outdoor education, leader development, coaching, belaying & ropes skills.

Location: only 20 minutes from down-town Dubai

Facilities & More: The Largest Adventure Ropes Course in the Region; Restaurant; Bathrooms.

Set in a Forest within a National Reserve with access to swimming pools (m/f); mountain bike trail; Horse Stables; 10k Nature Hike.

All Overnight Camps Include: tents; fire pit(s), expertise in experiential learning; 1:10 ratio of facilitators to students during activities; meals; reflections; conservation mindset, security.

HIGH ROPES & MORE

- Leap of Faith
- Mission Impossible
- Jacob's Ladder
- The Bell
- Trust Angle
- Catwalk
- Himalaya Climbing Wall
- Sahara Sands
- Numerous facilitated low rope activities

MODULES (1-3 HOURS EACH)

1. Set the stage for Survival
2. Shelter Methodologies
3. Bust a Fire
4. Nature Walk & Swim
5. Forensics
6. Sustainability and the 4Rs
7. Seeds of Change
8. Predator & Prey – A simulation
9. Scavenger Hunt
10. Tribal Connections – Competitions
11. Thriving Together
12. Astronomy: Earth & Space
13. Science Made Fun
14. Adventure Park
15. Belaying & Ropes Skills
16. Word Hunt
17. First Aid Basics
18. Nutrition & Movement
19. Giving Back
20. Public Speaking (x2)
21. Storytelling (X2)
22. Forest Academy
23. Make your own meal
24. Theatre (X5)

**WITH OUR IMMERSIVE MODULES
AND FUN ACTIVITIES, WE DESIGN
CAMPS BASED ON YOUR
REQUIREMENTS & OBJECTIVES.
THE MORE YOU STAY...
THE MORE YOU EXPLORE!**

EVENING ACTIVITIES

- Glow in the Dark Adventure
- Karaoke
- Movie Night
- Campfire Tales & S'mores
- Table Games

EXCURSIONS & PARTNERSHIPS

- Leadership Program (10 modules)
- Mushrif Park Hike
- Eedama Sustainability Programs

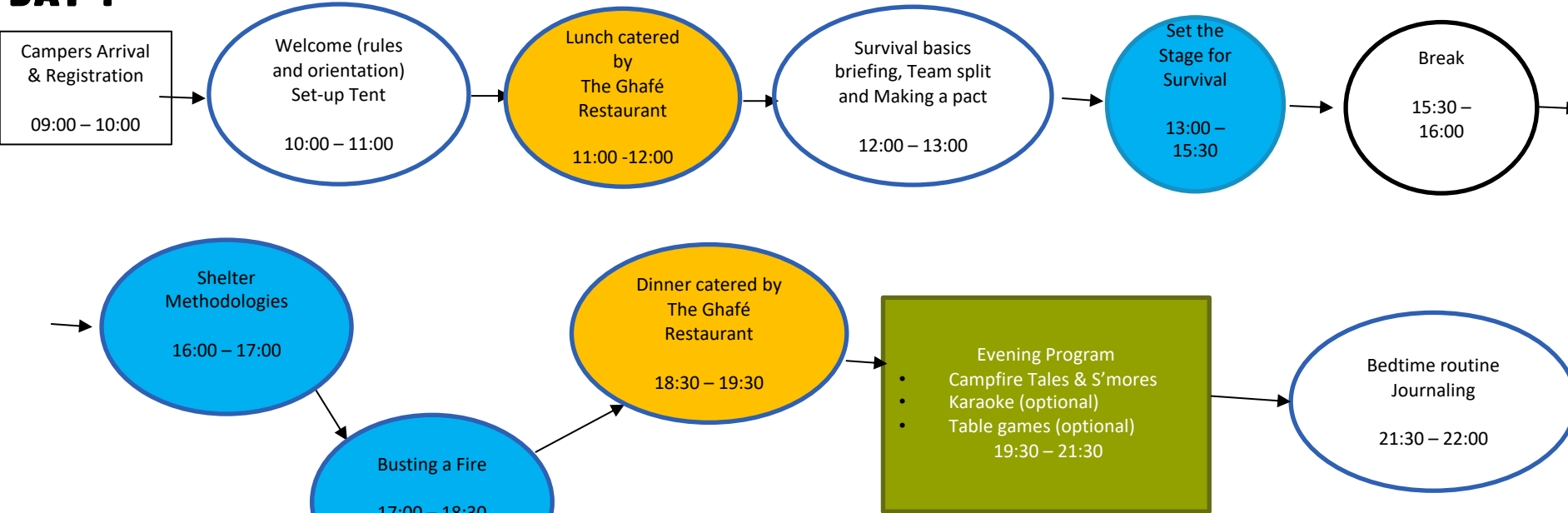
Activities can be adjusted by age.

OVERNIGHT PROGRAM FLOW EXAMPLE

2 DAYS 2 NIGHTS



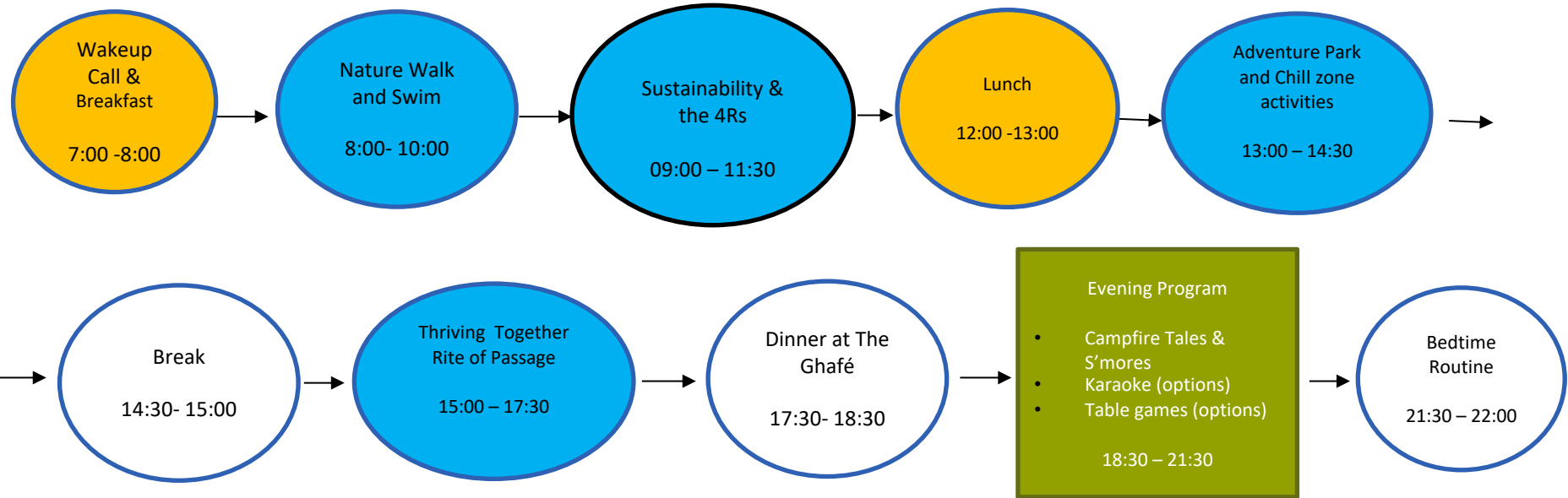
DAY 1



OVERNIGHT PROGRAM FLOW EXAMPLE

2 DAYS 2 NIGHTS

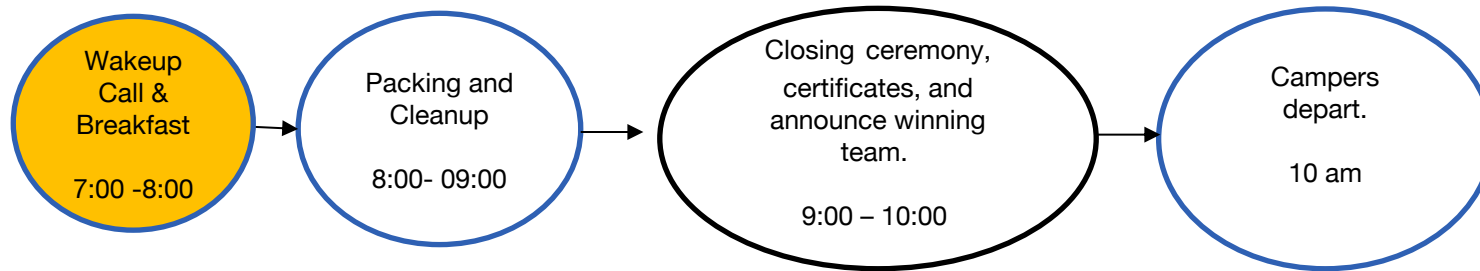
DAY 2



OVERNIGHT PROGRAM FLOW EXAMPLE

2 DAYS 2 NIGHTS

LAST MORNING



OVERNIGHT CAMP MENUS



BREAKFAST

Scrambled Egg + Pancake + Baked Beans + Roasted Tomato Roasted Potato + Roasted
Mushroom Bread & Jam Cereals
BEVERAGE Infused Water Fresh Milk Juice

MEALS: LUNCH & DINNER

Menu 1

Macaroni & Cheese or Linguine Alfredo + Fries

Menu 2

Beef Burger / Chicken Burger or Vegan Burger (on demand) + Fries

Menu 3

Peperoni Pizza or Margherita Pizza + Fries

Menu 4

Spaghetti & Meat Balls with Greek Salad

NIGHT SNACKS and Desserts

Chips + Brownie/Muffin/Cookies + Drink + Popcorn

OVERNIGHT CAMP PACK LIST

Camperers are advised to arrive wearing comfortable clothing, closed shoes, preferably trainers or walking shoes. Dresses and skirts are not appropriate due to harness fitting requirements.

Recommended Pack List

- 2 sets of packed clothes, socks, underwear
- Pajamas/sleepwear
- Sweatshirt/Jacket (to keep warm at night—unless in the summer months)
- Closed-toe shoes (trainer style shoe needed for Aventura ropes course)
- Toiletry Bag: washcloth, shampoo, soap, toothbrush, toothpaste, hairbrush, hair ties (needed to tidy hair around the campfire and for the ropes course)
- Bath Towel (Showers at the pool)
- Swimwear
- Hat
- Sunscreen, insect repellent, & bite cream
- Flashlight/Head Lamp/Lantern
- Labelled plastic bag for dirty clothes
- Sleeping bag
- Wet wipes
- Pillow/Pillowcase that can be stuffed with clean clothing
- **Air Mattresses, Sleeping MAT and Sleeping bags are not provided**
- Non-slip Gloves
- Extra money for snacks available at The Ghafé Restaurant—optional
- Favorite snacks
- Journal



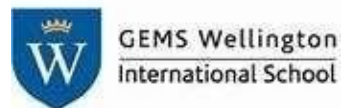
PHOTO GALLERY

AVENTURA
LIVE TO EXPLORE



SELECTED REFERENCES

AVENTURA
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جيمس مودرن أكاديمي
GEMS Modern Academy

GERMAN
INTERNATIONAL
SCHOOL DUBAI



DEUTSCHE
INTERNATIONALE
SCHULE DUBAI



GEMS Wellington
International School



GEMS
Founders Scho
DUBAI



APPENDIX

MODULE DESCRIPTIONS

MODULES	ACTIVITIES	PREDICTABLE LEARNING OUTCOMES
1. Set the Stage for Survival	Preserving Water; Spider Web; Mission Impossible; Trust Angle	The need for water to survive; selecting key supplies for survival; importance of collaboration, communication and trust.
2.Shelter Methodologies	Build various types of shelters.	Learn how to build a shelter based on forest materials. Understand concepts related to safety and elevation.
3. Busting a Fire	Building a fire using flint Building a fire using friction	Students learn how to bust a fire using natural elements.
4. Nature Walk & Swim	A walk in Mushrif Park to the pools, a swim and a walk back to HQ	Nature appreciation, physical activity, water safety.
5. Forensics	Become a CSI technician as we discover a mystery powder, teeth impressions, lip prints, dust for fingerprints and much more	Earn your special CSI badge, Sharpen your scientific method and learning.
6.Sustainability and the 4Rs	making natural pest control, making paper, water purification, dye extraction from nature, powerful effects of UV radiation, and forest activities.	Awareness, hands-on activities, preservation, and survival of species

MODULES	ACTIVITIES	PREDICTABLE LEARNING OUTCOMES
7. Seeds of Change	Planting seeds, seed dissection, public park clean-up	Show growing appreciation and care for natural and constructed environments. Explore relationships with other living and non-living things and observe, notice and respond to change. Develop an awareness of the impact of human activity on environments and the interdependence of living things.
8. Predator & Prey—a simulation	This is a simulation game in which students are assigned the role of an animal. They must survive by finding food and water stations while avoiding predators, disease, natural disasters and hunters.	To learn about food chains, ecosystems, energy paths and general survival techniques used in nature.
9. Scavenger Hunt	The group is split into teams of 6-10 and they are given clues to find items in the forest. They need to use their wits and their resources to complete the task within a certain time limit.	Collaboration, Communication, and Fun.
10. Tribal Connections	Sinking Sands, Himalaya Climbing Wall; Sahara Sands; Tug of War & Ball Toss.	A friendly competition to build camaraderie amongst the tribe. The importance of collaboration, communication, coordination.
11. Thriving Together/Rites of Passage	Leap of Faith, Bull Ring, The Bell OR Catwalk, Islands	Leadership, planning, problem solving, strategy, working together communication, thinking out of the box, and creativity.

MODULES	ACTIVITIES	PREDICTABLE LEARNING OUTCOMES
12. Leadership Concepts (x12)	A learning experience that utilizes concepts from Covey, Reiss, Goleman, Cuddy, and Sinek and ties these concepts to both indoor and outdoor activities.	This experience has elements of survival, leader development and team building along with concepts of emotional intelligence, finding purpose and life skills
13. Astronomy: Earth & Space	Study of everything in the universe beyond Earth's atmosphere. That includes objects we can see with our naked eyes, like the Sun , the Moon , the planets, and the stars .	
14. Science Made Fun	Up to 20 science programs to choose from, go beyond teaching science standards! ü Curriculum based ü Engaging Interactive & Educational ü Hands-On & Age appropriate ü Technology & Innovation ü All supplies included	Creativity, perseverance ,Physical, Life, and Earth Sciences
15. Adventure Park fun	Students navigate a variety of challenging obstacles and thrilling zip lines off the ground and between the trees	Active living, general fitness, Problem-solving, creativity and perseverance.
16. Belaying & Ropes Skills	Self-belay, learn about the ropes, learn different types of knots for climbing, get familiar with the climbing equipment	Develop Confidence and Teach Goal Setting Habits helps hone spatial and directional awareness, and also boosts physical skills such as balance, hand and foot coordination, and agility.
17.Word Hunt	Participants split into teams and work together to find words hidden throughout Aventura's 4 adult circuits with over 65 obstacles.	Collaboration, Corporation, Communication, and working together.

MODULES	ACTIVITIES	PREDICTABLE LEARNING OUTCOMES
18. First Aid Basics	Learn about the basics of first Aid and what to do in emergency situations.	Critical thinking, A strong sense of identity, Connection to and contribution with their world.
19. Nutrition & Movement	Hiking, Yoga, diet, meditation	Students will develop a plan of action for a healthy behaviour change Enhance focus, concentration, comprehension, and memory. Improve physical fitness by improving posture, balance, coordination, and body awareness.
20. Giving Back	Giving back to nature, social service, community	provides countless opportunities for discovery, creativity, problem-solving Environmental Conservation & Protection Self-Sufficiency & Independence
21. Public Speaking	Different types of activities to improve communication skills and become a motivational speaker without the need of the formal audience.	Being a good speaker is advantageous for academics, social life as well as personal growth. Individual's Personal Growth.
22. Storytelling	Various types of activities for the participant to improve their creativity, visualisation skills and communication skills.	help children learn new words, improve their grammar, and develop their reading skills
23. Forest Academy	The activities are divided into sections that include forest life , forest in use, forest and culture, take action.	Looking after nature, creativity to assume different challenges to protect forests and promote the sustainable use of its resources
24. Make Your Own Meal	Making a meal together from set up to eating the meal.	Planning, Collaboration, Organization, Communication.

THANK YOU

